

REMEMBERING WHOLENESS

Carol Tuttle

Chapter 52

THERE IS ENOUGH MONEY FOR EVERYONE

Money is a system of energy. It is a neutral energy with a belief and perception we have each placed on it. Air is also energy, yet most people do not believe in a lack of air. When you breathe in air, do you panic because you fear that there may not be enough, so you better count your breaths to make sure you don't run out? Do you scold your children for taking in too many breaths and using too much air? Do you worry that you might run out of air at the end of the day, or week, or month? Probably not, but if you did, you would suffer from breathing difficulties and have to closely manage your air intake.

Most of the money we exchange everyday is no longer currency but numbers on a piece of paper. The amount of money you have or don't have is directly related to your beliefs about money. A lot of people believe there is not enough money, and their life reflects that belief. Every time you spend money, what feelings do you have? Do you feel good or feel worried? What thoughts run through your head? Do you worry you shouldn't be spending the money because you are thinking how much you do not have, or are you thinking: I love to spend money because there is enough money for everyone and I always flow a lot into my life?

Christ taught that it is easier for a poor man to enter into the Kingdom of Heaven than a rich man. I agree with this teaching because most people believe that when you are feeling poor, you are needy and are more likely to call upon powers higher than yourself to guide, instruct, and influence your life.

Christ did not say it was impossible for a rich man to enter into the Kingdom of Heaven, just that it would be harder. It is harder because most people carry deeper beliefs that continue to feed their perceptions that if we are too prosperous we will not be humble and obedient to God. Common beliefs around this include: Love of money is the root of all evil. Rich people are not as spiritual. Only people who cheat have money. Money only comes from hard work.

Because of our agency, we are free to create any belief we want. What if you were to believe: I am wealthy and I am spiritual. I am allowing money to flow easily into my life and I am using it to enrich my life and the lives of others. I am wealthy and I am obedient to God's will for me. I am a humble, prosperous servant of the Lord. I am grateful for all the abundance that flows to me on all levels. I am healthy and experiencing a life of grace and ease and I am spiritual? Every time we have an interaction with money, the Universe is giving us a chance to clear the deeper beliefs of not enough and the feeling of fear from our cells. Some people believe money comes easily and they will always have enough. Many people believe in a lack of money and continue to create an abundance of lack. The people who have come to me with money issues and poverty consciousness have beliefs about money that keep them lacking. These beliefs include:

I will never make enough money.

I am always in debt.

My parents never had enough and I never will, either.

Artists and creative people have to struggle. Money only comes from hard work.

Money always goes out faster than it comes in.

I am always worrying about money because there is never enough.

Many of the clients I have worked with also have beliefs about money that are woven into their spiritual beliefs. Some common beliefs about money and their spiritual status include:

Money is filthy and dirty.

Money is evil.

I am poor, but righteous.

Rich people are crooks.

There are too many poor people for me to deserve wealth.

Only people who cheat have money.

I have a fear of being greedy.

Rich people are wicked.

Poverty keeps me humble.

If you are experiencing a lack of money and the experience of managing money is a constant struggle that you regularly wrestle with in your mind, you have deeper beliefs and patterns with money that are keeping you stuck in a state of lacking.

Poverty consciousness can be easily changed to prosperity consciousness by clearing your deeper beliefs and replacing them with new beliefs. Some of the new beliefs that will assist you in creating more wealth and prosperity include:

I recognize prosperity everywhere and rejoice in it fully. There is plenty for me.

The abundance of the Universe is available to everyone—including me.

I attract money easily; there is always more money coming in than going out.

I spend money wisely and comfortably.

I am open and receptive to new avenues of income.

Money is my friend. I enjoy my experience with it.

I am comfortable with large sums of money.
I am using money to bless my life and others.
I am wealthy and I am generous and spiritual.
I am a money magnet, and I am attracting my piece of
the prosperity that God has provided for everyone.
I am worthy and deserving of large sums of money.
I continuously rejoice in and bless the good fortune of
everyone.

As well as establishing new beliefs, you will create some new behaviors with money. If someone were to ask you, "Do you have any money?" What would be your most common response? If it is frequently "No," then you are telling the Universe you have no money and you will continue to have no money. Always carry money in your wallet or billfold. Always be able to answer, "Yes, I have money. I have plenty of money."

That is the message that will help you create more money. Whenever you spend money, notice how you feel. If you feel uncomfortable and nervous because you are worried that the money you are spending might not be replaced, the signal you are sending out is one of lack, and lack will be returned to you.

When you spend money, create a positive, peaceful feeling. Trust that as you spend money, you create a vacuum for more money to come into your life. Always stay within your current means of income and at the same time create a vibration of prosperity to create more coming in the future. Every time you pay your bills, be in the energy of gratitude that you have creditors that trust you and offer you their services. Acquire sound money-management skills to assist you in staying in integrity with your money.

When you communicate about money, do you talk about not having enough and focus your words on lack and struggle with

money? Notice your communication patterns with money and choose to speak positively and reference your state of abundance with money. Do you trust your family members and perceive them as capable and competent when it comes to spending money? Or do you fear that they will create debt and spend more than you have so you need to control them? Create perceptions and language that reflect a state of prosperity consciousness rather than poverty consciousness.

The Universe does not know your bank account status; it only reads the signals you are feeding it. So create a vibration of wealth by playing the following game:

Pretend you have an unlimited supply of \$100 bills in your wallet. Every time you spend a \$100 bill, imagine another one magically replacing it. Throughout your day, think of the many things you could spend that \$100 on. Act as if you are spending it over and over and over. Rejoice and have fun with all the things you could buy, all the people you could share it with, and all the experiences you could create. As you do this you will send out a vibration of wealth and prosperity that will assist you in creating more wealth.

As you shift into a vibration of prosperity consciousness, you will create and attract new avenues and opportunities for more money to come into your life. Money is a resource that God has given us to bless our lives, not to interfere with our daily happiness. If you are creating your experience with money as a negative distraction, choose to clean it up. Create money to be like your experience with air: something you know there is plenty of for you and everyone else. Money, like air, is a resource to assist you in creating and sustaining a life of joy and happiness. You never worry about air, you just trust and let it be there for you. Stop worrying about money and start trusting that you will be provided for and trust that you will

make choices and manage it in a way that blesses your life.

For more information and learning on how to create prosperity with money we recommend the following program from Carol:

The Manifesting More Money Home Study Course

This amazing home study course can be reviewed and purchased at www.manifestingmoremoney.com