

Chapter 1 Activity 1

For Supervisees and Supervisors: Identifying your Supervisory Relationships

Name: _____ Date: _____

1. List the people who have served as a supervisor for your professional training activities.

2. Did/do you have an explicitly-stated relationship with each of these people?

3. Do you have a mentor (i.e., wise counselor) or mentors? If so, was this person ever your direct supervisor or did the mentoring relationship develop through some other connection?

4. Have you ever been sponsored for some professional advancement opportunity? If so, do you consider the person who sponsored you a mentor as well as a sponsor?