

Chapter 2 Activity

Exploring Collaboration Topics

Name: _____

Date: _____

Complete the following questions prior to your next supervision session. These questions will help you reflect on your past experiences to help your supervisor understand how these might impact the relationship the two of you have. These questions will also help you refine your thoughts about what you hope to get out of the supervisory relationship.

1. What does the word “feedback” mean to you? Have you had experiences with feedback in the past that make you nervous about receiving feedback from me?

2. How do you prefer to receive feedback? (Check any that apply, add your own thoughts, and we will discuss it.)

Live in person

All kinds are great

Written

I need help figuring this out

Privately

Other thoughts on feedback:

3. How would you like to give me feedback about how supervision is going and things I might be able to do to help you learn?

Let’s have a monthly agenda item to discuss this live

I can send you an email or bring it up as needed

I will probably be nervous to do this, so I need help coming up with ideas

Other:

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4. List a few things that you are most excited to learn from this supervision experience:

a.

b.

c.

5. What professional skills (e.g., talking with parents, talking with other professionals, conducting research, making public presentations) do you hope to learn or improve as a result of our supervision?

a.

b.

c.

6. What are you excited to show me that you can already do pretty well?

a.

b.

c.