

Chapter 4 Activity 3

Exploring Your Perspective

Name: _____

Date: _____

Perspective taking is an important skill for supervisors. This activity is designed to help you see things from the vantage point of another person's values and preferences. Pick a person that is very different from you and try to answer these questions. After you have answered them, interview that person and consider how your responses are the same or different. In some cases, you will understand why you viewed things differently, in other cases you may only know by asking them, which is part of the point of the activity. We can sometimes see another person's perspective and we sometimes have to be told or shown.

Interviewee:

What do you value most in life?

Your Response

Their Response

What qualities are important to you in a teacher, supervisor or mentor?

Your Response

Their Response

What have been your happiest work situations? Why do you think they were so satisfying?

Your Response

Their Response

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What do you think are the most important skills and perspectives you bring to your work?

Your Response

Their Response

What do you worry about the most in professional situations?

Your Response

Their Response

Are there situations that make you feel unsafe or uncomfortable in work situations?

Your Response

Their Response

What do you think are the most important things to consider for your clients?

Your Response

Their Response