

STRONG ARMS

Scripture reference: Proverbs 31:17 Amplified Bible (AMP)

She equips herself with strength [spiritual, mental, and physical fitness for her God-given task]

And makes her arms strong.

There are a lot of ways for us to be strong. Some people are strong when it comes to physical attributes. Others are strong when it comes to mechanical skills or organizational skills. Some people just look strong while others may fool you because they don't look as strong as they actually are.

In the thirty-first chapter of Proverbs, Lemuel is giving the characteristics of a good wife. One of the earlier verses in the chapter tell how the heart of a virtuous woman is more valuable than rubies. I would add that a man has to be virtuous also.

I like how the Amplified Bible adds some other descriptors to the woman. It states she equips herself with strength but then adds clarifying words such as spiritual, mental, and physical to define the areas of strength. These words can be replaced by soul, mind, and body. It covers everything.

If we are going to profess ourselves as Christian, we need to work on these same areas. We need to encompass all areas of our lives. We need to make sure that our lives are representative of what Christ would want it to be. As I have said many times before, we may be the only Bible that someone reads that day or be the only sermon they hear.

That is a heavy burden for anyone to bear so let us make ourselves strong. Let us ask God for the strength to represent Him well. Pray that our lives will be a good sermon for someone to hear.