

WHAT DO YOU SEE?

Scripture reference: Faith is the confidence that what we hope for will actually happen; it gives us assurance about things we cannot see. Hebrews 11:1

Athletes are constantly told to visualize what they want the outcome to be in an event. The athlete has to visualize making the shot, hitting the ball, or whatever is required. I recently read a book about how a runner's self-talk is so important. If the runner only said to himself he hoped he made the Olympic team then that is basically all that would happen because he had not visualized winning the gold medal.

In 1954, scientists and coaches all agreed that it was humanly impossible to run one mile in under 4 minutes. Yet, Roger Bannister became the first runner to do it that year and now there are even high school kids doing it. I think that Bannister believed it could be achieved even though there was no way of "seeing" it, considering what the experts were saying. Roger Bannister had faith it could be done.

People sometimes have an issue with believing in God because we can't see him. Scientists want to tell us all kinds of things to dispel our beliefs. Sometimes it is family and friends telling us we are wrong. Perhaps, it is even us sometimes telling us that we are mistaken. After all, I don't know about you, but I haven't met anyone that has personally met Jesus. I don't know anyone that had a meeting with him like Saul did. Sometimes we just have to believe.

Sometimes, when I am on a long run and I see some of nature's beauty along the route, I can't help but believe in God. It may be a particular scene or perhaps even a beautiful sunset. When I see a newborn child, I always feel like it is a glimpse at what God is all about and it solidifies my faith. When I see people helping others that are less fortunate, I get the sense that Jesus is up there smiling and saying someone gets it. The variety of people, animals, and scenes makes me realize just how magnificent God is.

I know that there are some bad things that happen in this world. I know there are some bad people also. But I also know that God loves us all and that his desire is that we all learn to be better people. We all have room to improve, I know I have a lot I need to improve in how I deal with other people and how I go about living my daily for Christ.

I truly believe that Jesus died for my sins and that I want to be more Christ-like in my daily living. I can't see God now, but I do feel his presence in my life. I feel it when I fall short but I also think I feel it when God is satisfied with what I am doing. It is not like a job, where we get monthly checks or yearly evaluations. But I truly believe that one day I will be able to see God. I hope you want to see him too.