

# FOCUS

## MONDAY: God is Good!

Our goal this week is to begin to KNOW more of who God is and what it means to worship HIM! We know that God created the world, that Jesus is God's son, and that He came to rescue us. But let us take some time to look at the truth that **God is Good**. Check out the bible study time with Mrs. Jordan using the QR code here:



## Tuesday: Let's Pray!

JESUS was very intentional with His time. He was focused on God in every thing that He did. We should learn to FOCUS in the same way. Let's begin our week with conversation time with God.

Adoration: God YOU are worthy of my praise!

Thank you God for giving me \_\_\_\_\_. God thank you for helping me \_\_\_\_\_.

Confession: God help me with \_\_\_\_\_. I ask for your forgiveness today.

Thanksgiving: God I am so thankful for \_\_\_\_\_.

Post your God is good card in an important place to help you FOCUS this week!

## Wednesday: Let's Read More!

Read Romans 3:10-12 & 23. We think we are good because we are nice or because we obey God's laws most of the time. But these bible verses make it clear that there is no one who is good without God. The AWESOME news is that Jesus came to earth and lived a perfect and sinless life and then died the death we deserve. Jesus was good in our place and He paid the price for our sin. Jesus took our sin on Himself when He died on the cross. When we repent of our sin and trust in Jesus for salvation, Jesus gives us His goodness, so that now when God the Father looks at us He sees the goodness of Jesus in the place our sin."

Read Psalm 119:68. What does this verse say about God? The Bible says that everything about God is good—**He is good in Himself, and what He does is good**. That means God allows nothing to happen to His children—to those who love Him—that is not for their good. God gives to His children only that which is good. **God is good all the time**, and He is at work in our lives for good.

## Thursday: Worship Time!

When we understand God's goodness, our hearts are led to **WORSHIP**. Just like Joseph, **God is with us and working for our good**. Let's spend today worshiping in new ways and with a new understanding. Find a quiet place to listen and read the words of the worship music. Next, find a way to express what is in your heart. Maybe you should sing, or draw, or dance to express your LOVE for God! Follow the QR from Monday to find great music ideas!

## Friday: Time for Action!

In the middle of a sheet of paper write the verse *Psalm 34:8*. Now write the definition **Good= morally excellent, virtuous, right**. Now around the verse, write or draw ways that you see God working for His goodness. What makes you smile? Where have you had pain but learned a lesson? How did the bible story this week show that God is good? Ask others in your family to add to your art. Now put the art in a place that you can see and be reminded that **God is always right** and that **God is always good**.

## Saturday: Time to Reflect!

1. Are you ready to trust God that what He allows into your life is for your good?
2. What can you say when your friend asks: **Is God Good?**

Idea: God is always working for our good. Remember Joseph and all the stories of the bible!

3. Knowing that God is always good, does that change the way you sing and worship?