

FOCUS

MONDAY: God is Good!

"The Lord our God is merciful and forgiving, even though we have rebelled against Him." Daniel 9:9 Mercy is undeserved love, compassion, pity & grace. I am so thankful that God is forgiving and pursues my heart. Check out the bible study time with Mrs. Jordan using the QR code here:



Tuesday: Let's Pray!

Jesus was very intentional with His time. He was focused on God in every thing that He did. We should learn to FOCUS in the same way. Let's begin our week with conversation time with God.

Adoration: Thank you God for listening and loving me.

Confession: God please forgive me for _____.

Thanksgiving: God I am so thankful for _____.

Wednesday: Let's Read More!

Read 1 Kings 18:16-45

Elijah was a prophet of God and one of the few people of God left in Israel. Queen Jezebel had captured and killed many of the people that loved God. Israel was also suffering from a famine and the people were worshiping a false god called Baal. Elijah went to King Ahab and told him that they could decide once and for all if his God or if Baal was the true God! Elijah was brave because He KNEW that his GOD was the real GOD and the only GOD! In the story we see mercy displayed! God's people had forgotten about God and they rebelled against Him. In this story and the story of Jonah, we see how God rescued His people from idolatry by showing them who He is and having MERCY on them. They, like YOU AND ME, deserved to be punished for their sin, but God showed MERCY to them and they turned from their evil ways! These stories, and many others of the bible, show us that God shows MERCY to His people even though we all deserve punishment. Romans 5:8 tell us that because of His LOVE for His people, God acted in MERCY and Jesus died for our sins. NOW THAT'S MERCY!

Thursday: Worship Time!

When we understand God's MERCY, our hearts are led to **WORSHIP**. Just like Jonah, **God is with us and offering undeserved grace**. Let's spend today worshiping in new ways and with a new understanding. Find a quiet place to listen and read the words of the worship music. Next, find a way to express what is in your heart. Maybe you should sing, or draw, or dance to express your LOVE for God! Follow the QR from Monday to find great music ideas!

Friday: Time for Action!

In the middle of a sheet of paper write the verse *Psalm 30:10* Now write the definition **Mercy=undeserved grace and love for another** Now around the verse, write in blue or draw ways that you see God being merciful to YOU. How has God protected you when you were acting foolish? How has God healed you when you were sick? Now in a different color, challenge yourself to think of ways that you need to show love to others, even when they may not deserve it! Now put the art in a place that you can see and be reminded that **God is merciful!**

Saturday: Time to Reflect!

1. Do you live a life that allows you to show kindness to people when they are unkind to you?
2. What can you say when your friend asks: **Is God is Merciful?**
3. Have you asked for God's forgiveness for your sin?