



PHILIPPINE NURSES ASSOCIATION OF AMERICA

Inside PNAA



STRATEGIC | SYNERGISTIC | SOCIAL ACTION

Autumn Edition | Volume 1 | Issue# 6

November 2, 2012

## The Philippine: Charting the Course to Growth and Security

*A Lecture by Ambassador Jose Cuisia*

**By: Madelyn Yu, UPAANJ Vice President, PNAA Public Relations/Cultural Affairs Chairperson**

“The Philippines: Charting the Course to Growth and Security”- a lecture by Ambassador Jose Cuisia.



On October 24, 2012, a historic occasion was held at the Whitehead School of Diplomacy and International Relations at Seton Hall University in South Orange, New Jersey attended by the students of the Whitehead School, faculty, community leaders, diplomatic and governmental heads of the government of the Philippines, headed by Consul-General Mario De Leon, and Vice-Consul Zaldy Patron. The afternoon started with a luncheon hosted by Seton Hall University officials headed by its President, Dr. Gabriel Esteban. Then the signing ceremony of the partnership agreement between the school

and the government of the Philippines represented by Ambassador Jose Cuisia followed.

Ambassador Jose Cuisia gave a lecture on The Philippines: Chart-

ing the Course to Growth and Security. It was an introduction of the Philippines, its geographical location, population, history, economy, trade relations, education, tourism, and its friendly relations with the United States that started in 1898 after 300 years of Spanish rule, and continued with the joint forces of the Philippines and the U.S.A. during World War II fighting the Japanese occupation.

Ambassador Cuisia outlined the continued alliance between the two countries after the Philippines gained its independence. The U.S. maintained military bases in the Philippines until 1992. The Philippines sent troops to Iraq to join the coalition of forces that defeated Saddam Hussein. Friendly relations continue to the present, with the U.S. supporting its ally in trade, helping the Philippines strengthen its maritime security in the disputed Spratly Islands.



*Left to right: Consul-General Mario De Leon, Ambassador Jose Cuisia, Seton Hall University President Dr. Gabriel Esteban, Ambassador John Menzies at the signing ceremony of the partnership agreement between the Whitehead School of Diplomacy and International Relations and the government of the Philippines.*

The political and economic conditions in the Philippines at present is very promising and exhibits growth and security, according to Ambassador Cuisia. He presented factors that contribute to the



*Members of the University of the Philippines Alumni Association of New Jersey : Ermy Bonus, Madelyn Yu, Leonarda Santos, Phoebe Andes, Leonie Mariazeta, Rhoda Santos with Ambassador John Menzies, Ambassador Jose Cuisia, Consul-General Mario De Leon, Seton Hall President Dr. Gabriel Esteban, and Dr. Tuazon.*

economic upswing such as infrastructure, growth in outsourcing in the Philippines, steady remittances from overseas workers, and growing confidence among investors. The political climate has also changed for the better, with President Aquino trying to rid the country of corruption, with his mantra, “kung walang corrupt, walang mahirap”. If there is no corruption, there is no poverty. The prediction for the Philippines economic growth is very positive, according to all the indices and predictions.

It was an afternoon full of historic significance and promise of a brighter future for the Philippines. As Filipinos and as community leaders invited to this event, we

felt pride in the course that our countrymen is taking, and hope, that our native country, the Philippines will finally realize its rightful place as the “pearl of the orient seas”.

# Synergistic Partnership for Enhanced Care

*(The following are excerpts from a speech by  
Gabriel Junio Sapalaran, Jr., Founding President, PNA North Carolina)*

The PNA North Carolina annual Fall Seminar is specifically designed for us nurses to reflect, refocus, and to think “out of the box”, by engaging ourselves with global information and applying it locally.

Each of the learning activities and modalities that will be presented today is an opportunity to develop a different aspect of leadership in nursing; enhance our abilities to manage our patient clinically, and provides an avenue to make a difference in the lives of the patients we care.

Our conference theme “Synergistic Partnership for enhanced Care” is a leadership mantra coined by our current president Ms. Vicky Navarro to guide her administration in the next two years.

Synergy is an evolving phenomenon that occurs when individuals or groups work together utilizing innovative, grounded and holistic thinking toward a common goal. The interaction of discrete agencies, agents, or conditions such that the total effect is greater than the sum of individual effects. When you spend as much time among the Filipino-American nurses as I do, you become an expert in

visioning. You learn that vision has a lasting value. You discover that vision makes it possible for the Filipino-American nurses to become engaged, and sustains that engagement by acting on what they previously envisioned.

For many of our Filipino American nurses and colleagues vision opens the door to a new path in life, vision ushers in innovative ideas, and exciting experiences. Perhaps the most important of all, the vision of our members and leadership of the association has led to considerable synergistic partnership to our health care system, in the communities we reside as well as in academic and professional arenas in both state and national levels.

Yes, we are globally engaged, but we need to ensure that we can apply

locally all these information to our patient’s level of education, and diversified background to ensure their understanding .

Engaging partnership with the other members of the health care team is simply the right thing to do. No man is an island. In a brain-based economy, our best assets are people. We are often reminded by Mr. Collin Powell’s statement that, “Organization doesn’t really accomplish anything.

Plans do not accomplish anything, either. Theories of management do not matter much. Endeavors succeed or fail because of people involved. Only by attracting the best people will you accomplish great deed”.

My fellow nursing colleagues, YOU are the best people in achieving the enhanced care thru synergistic partnership.

Let me end by stating that “Humans are intrinsically motivated, and when you have autonomy, mastery, and purpose work doesn’t feel like work, it is just FUN”.



Inside  
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## PNANJ Middlesex County SubChapter Conference

**Submitted by: Margie B. Ocariza RN, MSN, CCRN, APN-C, Board of Director, PNANJ Middlesex Subchapter**

It was a cool, cloudy Saturday morning but it did not deter the attendees to the Multi-System Trauma Seminar sponsored by the PNA of New Jersey, Inc. Middlesex Subchapter to be present and fully engaged with the activities of the program. The venue was held at the Robert Wood Johnson University Hospital Courtyard, New Brunswick which offers an ambience of tranquility, openness and friendliness. The subject matter is relevant to the daily life occurrences that cost lives of some unfortunate ones. As one of the Level I trauma centers in New Jersey, Robert Wood Johnson University Hospital has provided emergent injury-related services 24/7. According to a released study produced by the Robert Wood Johnson Foundation and Trust for America's Health (2012), the Garden State has earned the lowest rate of injury-related deaths in the nation. The invited speakers behooved the audience with their expertise in their fields which gained attention and interest from the attendees throughout the conference. One of the speakers could not make it because he was attending to the needs of an emergent trauma patient who was brought in that day. However his colleague filled in for his topic.

Poster presentation is one of the educational activities for this Annual Education Event that everyone is encouraged to submit posters relating to clinical practice and educational content best suited to experts and non-experts alike. The posters can be used for clinical advancement ladder and educational initiatives among professional nurses. Annually, the organization will give a reward to the first two selected posters by three judges based on criteria for poster presentation with a Certificate of Appreciation and a modest gift for a dedicated, original and artistic work depicting health care. The chosen poster awards were "Biological Weapons" by Patricia Trinidad RN, BSN, CNOR, CNIII from RWJUH OR, First prize winner and "Stabilization of a Sick Neonate Prior to Transport" by Veronica Barcelona RN, BSN, RNC, CNIV from RWJUH NICU, Second prize winners. There were six posters



**Above:** Winning Poster on Biological Weapons, by Patricia Trinidad, RN, BSN, CNOR, CN III **Top:** Middlesex Executive Board with Advisers Amelia Guzman and Madelyn Yu, and PNANJ President Majuvy Sulse.



**Above, right:** PNANJ Middlesex Subchapter President Myrna Young, with PNANJ President Majuvy Sulse in front of poster presentations during the conference at Robert Wood Johnson University Hospital.

submitted this year and all participants were acknowledged with a Certificate of Appreciation

As culturally diverse as we are, food was served traditionally with Philippine entrees as pancit, chicken adobo, lumpia shanghai considered popular to all that everyone enjoyed. Cassava cake as a native delicacy was well received too. Aside from the native dishes, common American food was also served. PNA members were at the table to serve the attendees as a way of appreciating and embracing Philippine hospitality.

The seminar ended with a sense of learning, achievement, commitment and a desire to reach out to people from all walks of life to make a



*To speak gratitude is courteous and pleasant, to enact gratitude is generous and noble, but to live gratitude is to touch Heaven.—Johannes Gaertner*

## PNAMH: Loaves and Fishes, a Community Outreach

Many of us are very fortunate that we have roof above our heads and food on the table at least 3 times a day. Unfortunately, there are 7,356 homeless people in Houston (Coalition for the Homeless Houston, Jan. 2012) who do not have the same provisions. Yearly, through the PNA MH, we partner with Loaves and Fishes Soup Kitchen in serving our underserved neighbors. PNA MH delighted our neighbors with our homemade chicken adobo— always popular to many. Members and Officers all contributed monies, green beans, dinner rolls, bananas, cookies and rice. PNA MH North first time attendees, Tina Dimafiles and Claire DeLeon expressed great sense of satisfaction in serving in this community program. "Being here today gave me a different perspective and made me realized how fortunate I am. Giving back to them gave me a better sense of gratitude" Sentiment both echoed by C. Dimafiles and C. De Leon. The fall weather and changing colors of the leaves remind us that Thanksgiving is just around the corner. As we enjoy our Thanksgiving feast, let us not forget there are others who are struggling everyday to find food and shelter. As the weather gets colder, 7356 homeless brothers and sisters will need more than food but shelters, clothing and blankets as well. Many shelters around Houston struggle in providing these provisions. PNA MH provided them with extra blankets and clothing, A small contribution but goes a long way to a grateful community.



**Loaves and Fishes: Help feed our less fortunate neighbors.**

## PNAMH North First Fall Seminar

As we face a rapidly changing healthcare landscape, we are even more pressured to acquire the necessary tools in order to provide quality, affordable care to our patients, this seminar was designed to update our nurses of the latest guidelines in cardiovascular care. Notable speakers such as Dr. Anecita Fadol, Dr. Muhammad Khan, Dr. Riza Mauricio, Denise McNulty, Wendi Froedge and Eillen Luster gave lectures about different areas in cardiovascular service line. A total of 7 CEU's were gained by more than 70 members and attendees from different area hospitals around Houston. PNA MH North also recruited 15 new members from this event.



**Multidisciplinary Collaborative Cardiovascular Care: An engaging approach to changing times.**

## PNAMH: North Chapter



### Who's on the Spotlight?

Jaime Puspos, RN, BSN, CVRN was recognized by Methodist Willowbrook for his commitment to patient



**J. Puspos**

safety, considered a magnet moment as nursing pursue excellence in our everyday practice. Puspos, PNAMH North Chapter's Advisor, discovered contraindication to PICC line placement. Through his collaboration with physicians

and Methodist WB safety committee, was able to implement this contraindication resulting in higher safety standards for our patients with difficult IV access.

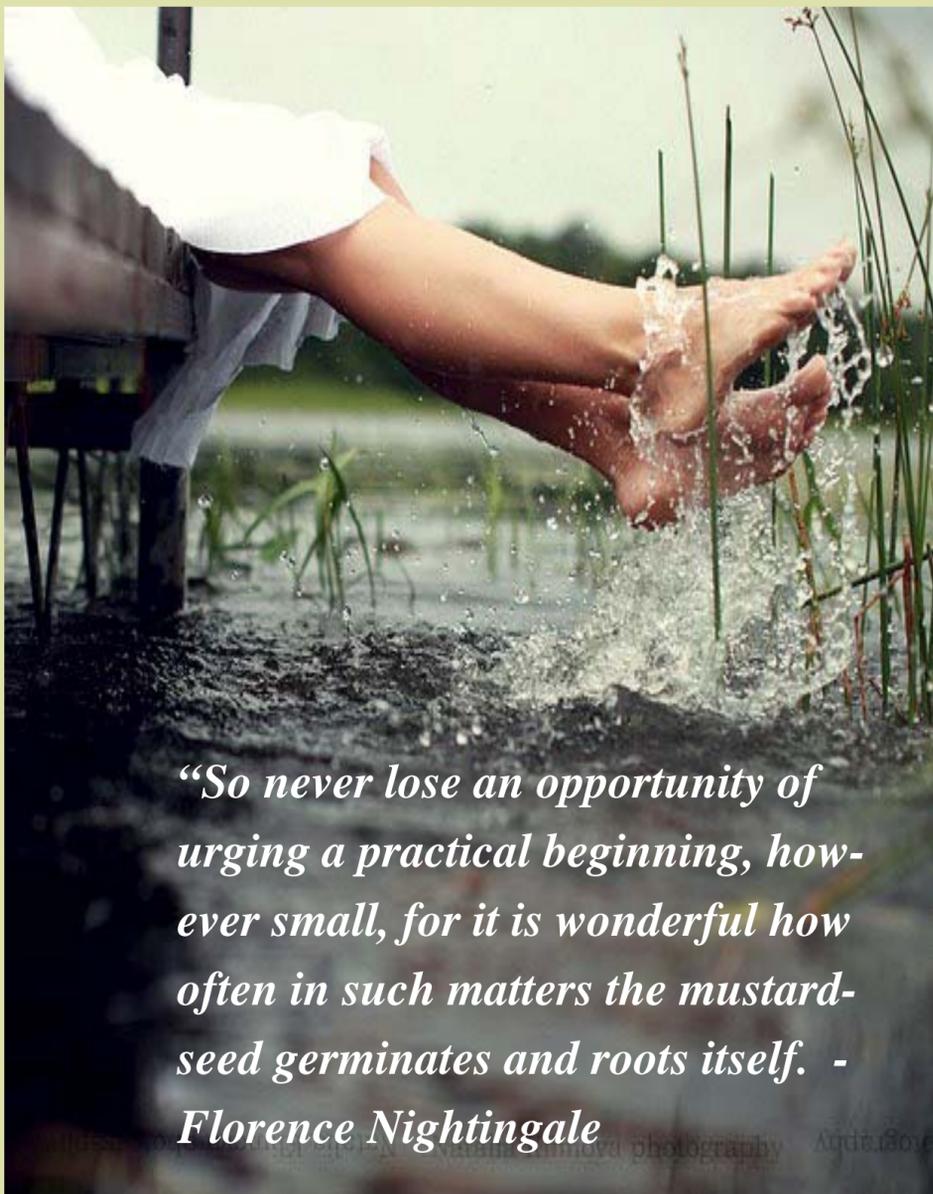
Jaime has been an active leader in Methodist Willowbrook and PNAMH North Chapter servicing many capacities that help nurses elevate the standards of care.

### Recognizing Excellence in Nursing Practice

PNAMH North visited Methodist Willowbrook's CNO Shieh Fata and awarded the hospital with a plaque recognizing the hospital's nursing service's excellence in practice and its remarkable influence and support to its nurses. Methodist Willowbrook through its impressive leadership has successfully gained the initial path towards Magnet Status, a status indicating high quality nursing care and an elite status enjoyed by limited numbers of hospitals nationwide. Methodist Willowbrook was also credited for their contributions to PNAMH North Chapter.



**PNAMH North with Shieh Fata, CNO. Methodist Willowbrook Hospital in August 29, 2012.**



*"So never lose an opportunity of urging a practical beginning, however small, for it is wonderful how often in such matters the mustard-seed germinates and roots itself. - Florence Nightingale"*

# Balitang Amerika: Obama-Romney Townhall Meeting

## ELECTION 2012



Fellow nurses and Pinoys recently enjoyed the Obama-Romney Townhall Meeting in D.C. are, final during the debate night. Many thanks again for participating in Balitang American TM last Thursday night. Salamat po to former Delegate David Valderrama [Obama's FilAms] and the pizzas; Atty. Warie Azarcon [FilAms for Romney], Imelda Abella for hosting us at National Philippine Cultural Center; Westley Crisostomo and Lito Serrano for Global Channel production, Maures & Kevin Owens for the drinks! | Eric Lachica



DC Townhall debate 2012

# PNANJ, Bergen County Sub-Chapter: "Safety First" Changing Culture in Health Care

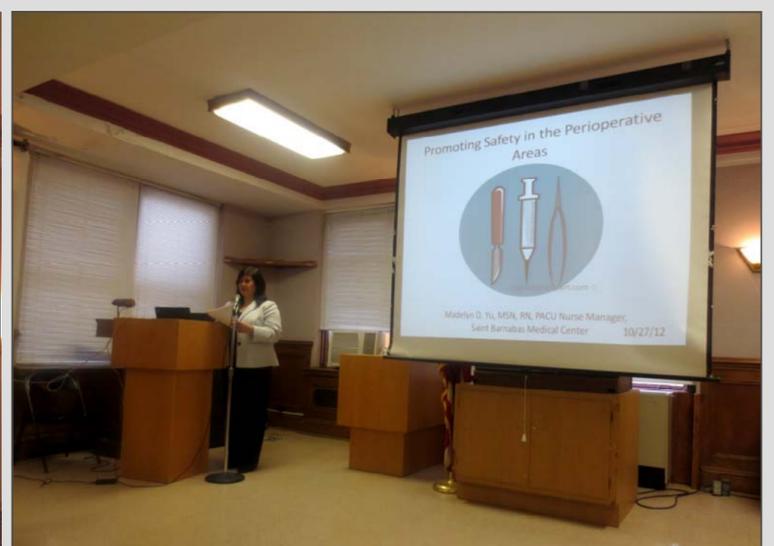
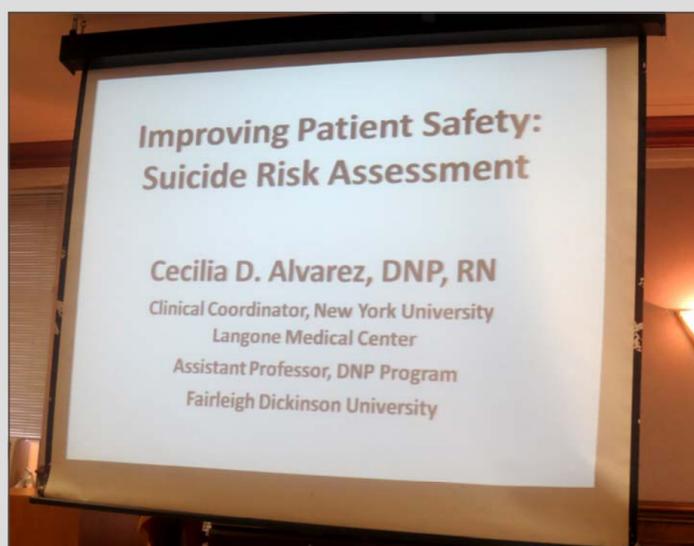


*PNANJ Bergen County Officers with some of the attendees and speakers.*

PNANJ, Bergen County Sub-Chapter presented "Safety First" Changing Culture in Health Care, as part of their continuing nurses education effort. Featured Speakers were: Mary Anne Marra, RN, MSN, NEA-BC (CNO East Orange Gen. Hosp) "Exemplary Professional Practice: A Culture of Safety"; Madelyn Yu, MSN, RN (Manager, PACU Saint Barnabas Medical Center) "Promoting Safety in the Perioperative Areas"; Grace Vickerie, RN-BC, BSN, CDONA, WCC, Virginia Tan, RN-BC and Belle Villafuerte RN, MSN, CNA-BC "Improving Patient Safety Culture in LTC – 2012 NPSG".

The event took place last October 27, 2012, at the Bergen Regional Medical Center Auditorium, 230 East Ridgewood Ave. Paramus, New Jersey 07652. \$25 for PNANJ members, \$30 for non-members, \$10 for students. (Free if you sign up for PNA-NJ Membership) 4.0 continuing nursing education contact hours will be awarded.

Contact persons for the event are:  
 Grace Vickerie(201)359-0761  
[gvickerie@bergenregional.com](mailto:gvickerie@bergenregional.com)



*Dear PNAAColleagues,*

*As we brace ourselves against the wrath of hurricane Sandy, we all pray that our colleagues and their families be out of harm's way. This storm is of unprecedented proportion and we anticipate devastation and heavy damages along the East Coast. All we can do is pray together for everyone's safety. For those directly affected by the storm, please keep in touch, even just to let us know that you and your families are safe.*

*With Prayers and  
Warm Regards to All,  
Letty Hermosa  
(for Vicky Navarro, President  
PNAAColleagues)  
President-Elect*

*Photos from Yahoo News and their respective News Agencies*



Top: The remnants of a roller coast sits in the surf three days after Hurricane Sandy came ashore in Seaside Heights, NJ Nov. 1. Steve Nesius/Reuters

Above: Ryan Nelsen, right, and Fields Harrington, in white shirt, ride a tandem bicycle to generate power to cellphones on Avenue C in the East Village, New York, Nov. 1. Stan Honda / AFP - Getty Images



**Middle:** New York, USA: Eddie Liu cleans up a Coney Island laundrette after flooding caused by superstorm Sandy Photograph: Lucas Jackson/Reuters **Bottom:** Boats are seen in a yard, where they washed onto shore during Hurricane Sandy, near Monmouth Beach, New Jersey October 31, 2012. The U.S. Northeast began an arduous slog back to normal on Wednesday REUTERS/Steve Nesius

★ Press Releases ★



**PNAGF attend Sampaguita Ball 2012**

The Philippine Nurses Association of Gulf Coast Florida joined the celebration of the prestigious event in Tampa, Florida, the Sampaguita Ball. It was the grandest fund raising event awaited by most of the Filipinos in the Tampa Bay area. PNAGF is a member of the Board of Directors of the Philippine Cultural Foundation, Inc. One of its mission is to promote the cultural heritage of the Philippines.

This momentous affair was attended by more than 400 guests in their beautiful, sophisticated Philippine terno for women and Barong Tagalog for men. The program included different regional dances of the Philippines which were performed by the Philippine Dance Company of Tampa Bay. The guests enjoyed dancing with the music of the Total Sound Band. It was a night to remember but most importantly, an event with a good cause.



**IN MEMORIAM**

**PNA National and Chapter Officers** together with the **General Membership** offer our heartfelt condolences, sympathies and prayers to the family of *Alabelle Catalan Zghou* President, PNA Ohio

In remembering her beloved sister **Angelita Catalan Sanguyu**

Who joined her Creator recently.

Let us offer prayers for the eternal repose of her soul and comfort for her family.

R.I.P.

★ Congratulations ★★



**Jay Layug, RN, BSN**

One of the 2 PNANJ Middlesex RNs who were selected to be magnet ambassadors at Robert Wood Johnson University Hospital. Jay is a full time float nurse. She is the first critical care nurse in the float pool to become a magnet ambassador, one of the members of the Board of Directors in Middlesex Subchapter.



**Malou Torralba, RN, BSN, CCRN**

Malou is a full time nurse in the Cath Lab, also chosen as magnet Ambassador at Robert Wood Johnson University Hospital. First in the Cath Lab to be chosen as one of the Magnet Ambassadors as well. She is one of the Board of Directors of PNANJ Middlesex Subchapter. Recently she has assumed the co-chair position for the professional advancement review council.



**PNANJ Monmouth: Promoting Women's Wellness**

The PNANJ Monmouth SubChapter will hold a conference: "Promoting Women's Wellness Across the Lifespan" Nov. 17, Saturday; 7:30 to 1:30 pm at the Monmouth Medical Center, Borden Auditorium in Long Branch, NJ. The conference fees are: \$25 for members; \$30 all others; and \$20 pre-licensure students. Fee includes lunch, program materials and CEUs. The sponsors reserve the right to cancel program with less than 15 attendees.

Questions? Lolita Jacob: 732.272.8010 or Liz Vasquez: 732.552.8243 **Registration deadline is Nov. 14.**

## ★ Upcoming Events ★

### 2nd Collaborative International Conference

The PNAAF is cordially inviting you all to join us for our exciting and educational 2nd Collaborative International Conference to be held in the beautiful and progressive City of Bacolod, Negros Oriental. This year's Conference is co-Sponsored by the Association of Deans of Nursing Colleges & Universities, Region VI.

Please disseminate the attached brochures ASAP to your Regional COP's and Chapter Presidents. Colleagues, come and join us and experience the hospitality of our people in Bacolod City, you will be up for a surprise.

Ernie Rosas, RN BSN, President 2011-2013, Philippine Nurses Association of America Foundation,  
Office: (816) 455-3400 <> Cell: (816) 213-4017

**Nov 2, 2012** — NJLN Awards Night at the Pines Manor  
email Majuvy Sulse

**Nov 9 & 10** — 15th Eastern Regional Convention, Williamsburg, VA

**Nov 16** — Ocean County-Thanksgiving Party/Dinner Dance  
email Maribeth Tecson [maribethtecson@yahoo.com](mailto:maribethtecson@yahoo.com)

**Nov 7** — Monmouth Subchapter-Promoting Women's Wellness across the Life Span

**March 19-20, 2013** — **The 10th Annual National Conference Asian American Pacific Islander Nurses Association** Theme: "Global Health: Nursing in the Future- Research, Education, and Practice"

Venue will be: Hale Koa Hotel, 2055 Kalia Road, Honolulu, Hawaii 96815

Deadline for abstract submission: November 1st (Thursday) 2012, 5 p.m. (EST) More info, contact: Merle R. Kataoka-Yahiro, Dr.P.H., MS, APRN, Associate Professor, AACN Leadership for Academic Nursing Program Fellow, Asian American Pacific Islander Nurses Association, Secretary (2010-2012)

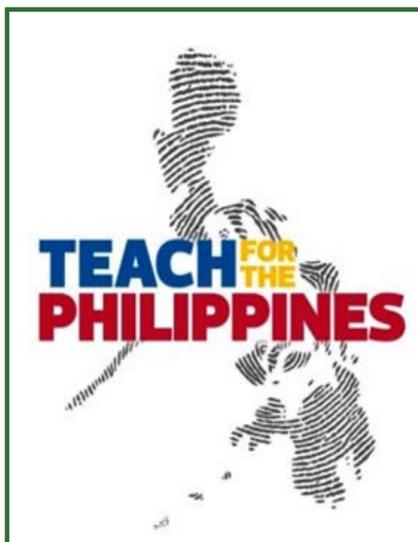
University of Hawaii at Manoa School of Nursing and Dental Hygiene, 2528 McCarthy Mall, Webster 409, Honolulu, HI 96822  
Ph: 808 956-5329 | Fax: 808 956-3257

Cell: 808 349-8309 | Email: [merle@hawaii.edu](mailto:merle@hawaii.edu)

## Community Events

Dear Kababayans and Friends

If you know anyone interested in reaching out and gaining experience teaching in the Philippines in 2013, kindly share with them this innovative new program launched by Young Filipino-American leaders in the United States.



Spearheaded in the East Coast by Mr. Michael Vea and Ms. Angela Lagdameo, both of whom were chosen among the first batch of 10 Filipino American Youth Leadership Program delegates by the Philippine Embassy in Washington D.C. The program aims to bring 10 Filipino-American teachers to

the Philippines to teach in resource-challenged schools. More information may be secured from the attached press releases. Thank you for your time and cooperation.

**Philippine Consulate General, New York**

*Philippine Nurses Association of America*  
**15<sup>th</sup> Eastern Regional Convention**  
Hosted by  
*Philippine Nurses of Virginia*  
**November 9-10, 2012**  
**Colonial Williamsburg Lodge**  
310 South England St. | Williamsburg, VA 23185  
Register at: <https://resweb.pnasskey.com/go/18249>  
Hotel Info Phone: 757-253-2277 Toll Free: 800-447-8679

### 15th Eastern Regional Convention

The Philippine Nurses Association of America, Inc.

**November 9-10, 2012**

at Colonial Williamsburg Lodge.

Hosted by: **Philippine Nurses of Virginia**

Bea Sazon, President | [ohsazon@cox.net](mailto:ohsazon@cox.net)

**Save the Date!**  
34TH ANNUAL NATIONAL CONVENTION  
JULY 24-28, 2013  
RENAISSANCE CLEVELAND HOTEL  
24 PUBLIC SQUARE  
CLEVELAND, OHIO 44113  
STRATEGIC SYNERGISTIC SOCIAL ACTION  
Empowerment and Collaboration  
PHILIPPINE NURSES ASSOCIATION OF AMERICA, INC.  
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#### EDITORIAL STAFF COMMENT

To all our Colleagues in PNAA: Please be informed that we, the Editorial Staff, publish articles in our Inside PNAA newsletter accordingly as we receive them from chapters of the different PNAA Regions. If you want articles about your region/chapter activities published, we would be able to accommodate them only if you send them on time. Inside

PNAA news is published bi-monthly on the 15th and 30th of every month, **Submission deadline is 3 days prior to publication.**

Please send your articles to:

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Mel Carillo at [mel.carillo@gmail.com](mailto:mel.carillo@gmail.com) for Western Region

**THANK YOU**