



# National Relief Charities

Building Strong, Self-Sufficient American Indian Communities

## Southwest Quarterly Newsletter

April 2015

Volume 10, Issue 2

### Program Partner Highlight

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#### Our Vision:

Our vision is **strong, self-sufficient Native American communities**, and our services work toward this goal.

#### NRC DELIVERS ONLY NEEDED GOODS & SERVICES

We want to make sure the products we send fit your needs. Please call us if they don't so that we may better serve you!

Bluff Senior Center is located near the San Juan River in South Utah. The Bluff Senior Center led by Program Director Mary Lou Harvey is a home away from home for the Elders, with informative presentations taking place at the center daily. Elders learn about nutrition, diabetes, Alzheimer's, independent living, personal hygiene and how to navigate cold and flu season. Mary Lou boosts participation in these sessions by distributing NRC's Healthy Living incentives at the end of each presentation.

After working with the Bluff seniors for nine years, Mary Lou feels the center plays an important role in their lives, especially those facing depression or abusive situations. With the help of Mary Lou and her wonderful staff — Armeda and Mark (drivers), Bessie (cook), and Marie (volunteer) — the Bluff Senior Center provides a comfortable environment where the seniors leave nourished, informed, happy, and relaxed.



### NRC Contact Information

#### Southwest Program Office

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#### Questions about your requests:

Shannon Hadley, [shadley@nrc1.org](mailto:shadley@nrc1.org)  
 Service Coordinator Zones 2 & 4

Leslie Escobar, [lescobar@nrc1.org](mailto:lescobar@nrc1.org)  
 Service Coordinator: Zones 1, 3 & 5

#### Questions about your reports:

Cassandra Herrera, [cherrera@nrc1.org](mailto:cherrera@nrc1.org)  
 Partner Support Specialist

## NRC Service Highlight



*Summer is coming up  
so be sure to submit a  
Community Event request  
for those annual  
Spring & Summer events!*



Earth Day, Just Move It, Community Trash Pick Up Days, Older American Events, Senior Olympics, Elder Abuse Awareness, Fun Run/Walks, Health Fairs and Spay/Neuter Clinics are just some of the types of annual community events NRC supports.

If you have an idea for a seasonal or annual event, you can download Community Event forms from our Program Partner website at [www.nrcpartnersSW.org](http://www.nrcpartnersSW.org) or you can call our office at (602) 340-8050 to request the form by fax.

## Frequently Asked Questions

### **Q: How do I distribute the incentives properly?**

**A:** Incentives are available to be “earned” by participants, and should be distributed after the participant has met the requirement to attend or participate in the services provided by the Program Partner. We ask that you as the Program Partner obtain the participant signatures to ensure the incentives are received as intended. The signature sheets also help our Partner Support Specialist report the number of participants served to our donors, and they help our Service Coordinator determine appropriate allocations for your next delivery under that service.

Distributing incentives in a timely manner also decreases the situation of overstocking your storage area. When this situation occurs, please inform your Service Coordinator so our allocations can be adjusted or to skip a delivery until all items can be utilized by your participants.

### **Q: Why do we have to wait to apply for Thanksgiving and Christmas?**

**A:** Having a designated timeframe ensures all for Program Partners a fair opportunity to apply for these seasonal projects. This “window of opportunity” allows you as a Program Partner to ensure your account is current and in good standing before you place your request. This means reports turned in on time and no delinquent reporting on your account.

## NRC Staff in the Spotlight



Shane Burnette is a member of the White Mountain Apache Tribe. He was recently hired as a Training and Collaboration Coordinator in our Phoenix office. Shane earned his Bachelors Degree in 2007 from the University of Kansas. Rock Chalk Jayhawks!

After college, Shane moved back to the Fort Apache Indian Reservation where he has been busy volunteering with tribal offices and outside organizations or charities.

Shane believes in the partnership approach that National Relief Charities maintains with our Program Partners, in a joint effort to enhance opportunities and quality of life in Native American communities.

Shane focuses on NRC's Long-Term Solutions in the Southwest, relating to grant and sustainability projects. You can call him at our Phoenix office at (602) 340-8050 or email him at [sburnette@nrc1.org](mailto:sburnette@nrc1.org).

### Report deadlines:

**Due 30 days from event date:**

Healthy Living  
Community Events  
Bulk Distribution

Food

**Due 60 days from event date:**

CUBS

**Due 90 days from event date:**

Residential  
Activities  
Animal Welfare  
New Baby

## Community Investment Projects

National Relief Charities, in collaboration with the Arizona Commission of Indian Affairs and the Inter Tribal Council of Arizona, issued five "Native Youth Know" (NYK) grants aimed at involving youth in public safety.

One of the five grantees, Teens for Music, held their first of several events in February. It was a collaborative workshop offering music instruction for Native American teens. Held at the Navajo Nation Museum, 20+ teens participated in the event with local and out-of-state Native American musicians who volunteered to mentor the participants.

The goal of the Teens for Music workshops and grant is to encourage Native youth interested in learning to play music, by providing donated instruments and exposing them to different music genres. Teens for Music also works with schools where student-led activities are identified and later evolved into workshops for community involvement. You can learn more about NYK grants at <http://bit.ly/NYKgrants>.



**Children learn from what they see. We need to set an example of truth and action.**

**- Howard Rainer, Taos Pueblo-Creek**



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### **Our mission:**

Serving immediate needs.

Supporting long-term solutions.

### **Our vision:**

Strong, self-sufficient Native

American communities.

ADDRESS CORRECTION REQUESTED

## Request Reminders!

### **Who is eligible to apply for our School Supplies service?**

Head Starts and schools (pre-K-12th grade)

### **What school supplies does NRC provide?**

Sample supplies include composition notebooks, rulers, pencils, glue and other essential supplies.

### **How do partners distribute school supplies?**

Program Partners typically distribute the school supplies during back-to-school events such as student orientation days or registration.

### **Where can I get the form for a School Supplies request?**

You can download School Supplies forms online at [www.nrcpartnersSW.org](http://www.nrcpartnersSW.org) or call us at (602) 340-8050.

