



National Relief Charities

Building Strong, Self-Sufficient American Indian Communities

Southwest Quarterly Newsletter

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Program Partner Highlight

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Our Vision:

Our vision is **strong, self-sufficient Native American communities**, and our services work toward this goal.

NRC DELIVERS ONLY NEEDED GOODS & SERVICES

We want to make sure the products we send fit your needs. Please call us if they don't so that we may better serve you!

Karen Leekity, Director, and Erika Lewis, Adult Day Care Coordinator, are a part of the Zuni Senior Center staff who provide services for the Zuni elder community. Some of the services provided by the Senior Center include delivery of meals to homebound elders and monthly Zumba and chair exercise classes.

The Zuni Senior Center hosts an annual Elder Fest each May. This year's Elder Fest is being held in conjunction with a celebration of Older Americans Month. The center will host the event, including traditional entertainment, dances and food. Tribal leaders will attend to show their support and neigh-



Zuni Senior Center

boring programs will staff booths to hand out important information regarding senior care.

Another big project by Zuni Senior Center staff is their annual wood hauling. Staff as well as family members volunteer to haul and stack wood for elders in need. On average, the team ensures that 200+ elders receive much needed and appreciated firewood.

The Zuni Senior Center utilizes a variety of NRC services:

- Healthy Living service, to increase participation of their congregate seniors in arts and crafts
- Food service, to enhance the center's daily menu and free up funds for purchasing other foods such as meat and fresh produce
- Holiday service, such as Thanksgiving and Christmas

NRC and the Zuni Senior Center have been in a partnership for over 10 years and continue to work together to provide support for the elders of Zuni.

Contact Information

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Questions about your reports
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Partner Support Specialist
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The Great Spirit is in all things: he is in the air we breathe. The Great Spirit is our Father, but the earth is our mother. She nourishes us; that which we put into the ground she returns to us.

- Big Thunder (Bedagi) Wabanaki Algonquin

Introducing the versatile coffee filter, coming soon just in time for Spring cleaning!

- ◆ Coffee filters make an excellent cleaning tool for glass and screens. Spray a cleaning agent on a coffee filter to clean computer monitors, television screens, windows, and glasses. They clean perfectly without leaving residue.
- ◆ Shoe Polisher: A coffee filter can give your shoes that extra sparkly shine. You don't even need polish when you use a coffee filter to clean your shoes.
- ◆ Air Freshener: Coffee filters are built to retain light substances, so instead of wet coffee grinds, try put baking soda or potpourri inside them. Tie it together with a tie twist and place in a dresser drawer, bathroom, or anywhere else you want to smell nice.
- ◆ Grease Absorber: Next time you order a pizza and you want to mop up some of that grease before indulging, don't waste your time with napkin after napkin. Instead, try using a coffee filter —they are made to absorb liquids. Go ahead and mop away! Now you can eat your greasy foods with (a little) less guilt.
- ◆ Arts & Crafts: Coffee filters make excellent fodder for art projects. They tend to work like tissue paper yet hold together better. One way of coloring a basic white coffee filter is to submerge it in a bowl of food coloring and let it dry. Once it reaches your desired color, stack the filters, staple together, and pouf out the layers. These can be used to create flowers for use in a bowl or centerpiece or strung together to make a garland.
- ◆ Moving Aid: Instead of newspaper, which can get cumbersome and bulky, use coffee filters in between dishes when packing them in a box. Filters are more or less the same size as a salad plate and are equally as thick as a page of newspaper.



Frequently Asked Questions

The questions listed below were taken from the comments/questions section of the annual Program Partner Surveys you returned to our office. Thank you for submitting questions or comments that we can address throughout the year.



Q: “I want to continue to receive NRC services and I know I turned in my report. How come my NRC deliveries have stopped?”

A: If you have any questions regarding NRC services, please call our office at 877-281-0808. Your call will be directed to the appropriate staff person. Staff will check our records to ensure that your report was received. If your report was not received, we will let you know and you can re-send the report to us. Once received, our Partner Support Specialist will process your report — but you may need to complete a new service request to resume services.

Q: “When do I get my delivery?”

A: You will receive three Delivery Notifications for each order:

1st delivery notification: An email/fax will be sent with your delivery information during your Zone delivery week. During the follow-up call, your Service Coordinator can give you a heads up on the delivery week when your shipment will be arriving.

2nd delivery notification: A phone call will be made the day BEFORE your scheduled delivery date. Please be sure to check all messages from NRC regarding this information.

3rd delivery notification: The Driver will call you the DAY of your delivery to inform you when he is near and give you an estimated time of arrival. As always, please be sure help is available to assist with unloading.

New in your Delivery Packet this Quarter

Community Events Service

NRC's Community Events service is meant to help you increase attendance at activities that present positive information to communities. The incentives and materials that NRC supplies help you motivate local participation and increase awareness of your program or the program sponsoring the event.

NRC supports Community Events and activities that encourage community members to work together for positive changes that enhance their lives and the lives of others.

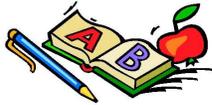
Community Events should...

- ★ serve a large group of people
- ★ have an defined purpose or goal
- ★ be coordinated by an established group or program
- ★ be advertised to promote the activity/event
- ★ use a signature sheet for everyone receiving an incentive

**** NRC does not provide materials and/or incentives for profit-generating events.**

National Relief Charities supports many one-time community-wide events throughout the year with our **Community Events** service. The Spring/Summer season is a great time to host one of these Community Events. In order for NRC to support your event, the request form must be turned in at least *2 weeks* prior to your delivery week, so it is important to **PLAN AHEAD!** If you do not know your delivery week, please call the office at 877/281-0808.

Here are some examples of Community Events that we have supported:

	<ul style="list-style-type: none"> Just Move It Events Community Clean Up Days Elder Abuse Awareness Senior Olympics Fun Run/Walks 	
	<ul style="list-style-type: none"> Health Fairs Youth/Back to School Events Spay/Neuter Clinics 	

Our Community Events forms can be downloaded from our Partner website - www.nrcpartnerssw.org

Or you can call the office to request one (877/281-0808). Please note our new toll-free FAX number - 866/682-7888.

In the Spotlight



Jeff Long
NRC Driver

Jeff Long became a box-truck driver for NRC in March 2010. Jeff is of the Deer Springs clan born for the Yucca Fruit clan. His maternal grandfather is Red House clan. His paternal grandfather is Black Streak Runs Into Water clan.

Jeff is originally from Canyon Diablo, AZ. He likes to say that he “moved from Flagstaff to Phoenix to endure the 110° weather.”

Please say “Hi” to Jeff and let him know you saw him in our Program Partner newsletter!

Report deadlines:

Due 30 days from event date
Healthy Living
Community Events
Bulk Distribution
Food

Due 60 days from event date
CUBS

Due 90 days from event date
Residential
Activities



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OUR MISSION

To help Native American people improve the quality of their lives by providing opportunities for them to bring about positive changes in their communities.

ADDRESS CORRECTION REQUESTED

Upcoming Deadlines: School Supplies



★ *Head Starts and schools (pre-K through 12 grade) located in NRC's service area may start submitting requests for **School Supplies** for the 2014-15 school year. If you have any questions please contact NRC.*



★ *Typical school supplies may include pencils, paper, composition notebooks, crayons, rulers, and/or similar items.*

★ *Partners often distribute these supplies to students at Back-to-School Events, on Registration Day, or during Student Orientation.*

School Supply Request Deadline: May 1, 2014

If you need a report or request form, you may call the NRC office at (602) 340-8050 or download it from our Program Partner website:

<http://nrcpartnersSW.org>