

A woman with long, wavy hair is walking on a sandy beach. She is wearing a white, sleeveless, lace-trimmed dress. She has several accessories: a necklace with a pendant, a bracelet on her right wrist, and a thin armband on her left upper arm. The background is a soft-focus view of the ocean and sky. The text is overlaid in the center of the image.

**YES,  
"HIPPIE" CAN  
MEAN YOU WERE  
A FREE SPIRIT  
FROM 1965 TO 1975.  
IT CAN ALSO MEAN  
YOU LOVE LIFE AND  
BELIEVE IN PEACE,  
LOVE AND MUSIC  
AT ANY AGE!**



Image credit: Los Angeles Public Library/Callsphere.org

**In 1969, while serving in Vietnam, Bob Wieland stepped on a mortar mine and was declared dead and taken away in a body bag. He survived but lost both his legs. In 1986, he completed the New York City Marathon in four days, stopping frequently to talk to Vietnam veterans, the homeless, and fathers of disabled children. He also "ran" across America on his hands over three years, eight months, and six days.**