

DYNAMIC LIFE CHRISTIAN SCHOOL

1600 John Marshall Highway • Front Royal • 540 636-9595

Elvi Rogers, Director

email dlcs1@comcast.net www.dlcs1.com

October 2021



friday

monday

tuesday

wednesday

thursday

4

Taco Salad
Corn
Apple Slices
Milk

Soft Pretzel & Milk

5

Pizza
Cooked Carrots
Pineapple Chunks
Milk

Vanilla Wafers & Milk

6

Spaghetti
Green Beans
Grapes
Milk

Carrot Sticks and Ranch & Milk

7

Grilled Cheese
Soup
Fruit Cup
Milk

Nutella, Bagel, + Milk

1

Waffles
Sausage
Banana
Milk

**M.O.P.S.
10:00 a.m.-noon**


Cheese Balls & Juice

11

*No School:
Teacher Work Day*

12

Gumbo
Buttered Potatoes
Pears
Milk



Toaster Strudel & Milk

13

Chicken Wrap
Salad
Fruit Cup
Milk

Ice Cream Sandwich & Juice

14

Fish Sticks
Potato Skins
Strawberries
Milk

Animal Crackers & Milk

15

Bagel Bites
Green Beans
Applesauce
Milk

**M.O.P.S.
10:00 a.m.-noon**

Cheese & Crackers + Lemonade

18

Chicken Alfredo
Broccoli
Fruit Roll Up
Milk

Cin. Toast Crunch Bites & Milk

19

Hot Dog
Chips
Dried Fruit
Lemonade



Cucumber Slices w/ Ranch & Milk

20

Scrambled Eggs
Bacon
Apple Slices
Milk

Pretzel w/ Cheese Stick & Milk

21

Chicken Quesadillas
Chips & Salsa
Pineapple Chunks
Milk



Pumpkin Cheesecake Bars & Milk

22

Chicken Nuggets
Salad
Peaches
Milk

Oreos & Milk

25

Corn Dogs
Tater Tots
Orange
Milk



Picture Day!

Pudding & Milk

26

Chicken Patty
Chips and Dip
Grapes
Milk

Veggie Straws & Milk

27

Homemade Lunchable
Crackers
Peaches
Milk

Yougurt and Banana & Milk

28

Hamburger
French Fries
Apple Slices
Milk

Goldfish & Milk

29

PB&J
Doritos
Fruit Snacks
Milk

Italian Ice & Milk



Costume Day!
nothing scary, please!